

Friday August 12, 2022

RING 1							Start Time 3:00pm
DT-001	Demo Teams (Min. 2 People)	Beg Int Adv	All Ages	M / F	Friday	1 3:00pm	
DT-002	Demo Teams (Min. 2 People)	Beg Int Adv Expert	All Ages	M / F	Friday	1 3:15pm	
DT-003	Demo Team Black Belt	Expert	All Ages	M / F	Friday	1 3:30pm	
SN-01	Special needs Forms and or Weapons all ranks	Beg / Int / Adv / Expert	17 & Under	M / F	Friday	1 3:45pm	
SN-02	Special needs Forms and or Weapons all ranks	Beg / Int / Adv / Expert	18 Plus	M / F	Friday	1 4:00pm	
CS-715	Continuous Sparring - Light (151.8 -)	Beg / Int / Adv / Expert	18 Plus	M	Friday	1 4:30pm	
CS-716	Continuous Sparring - Middle (173.8 -)	Beg / Int / Adv / Expert	18 Plus	M	Friday	1 5:00pm	
CS-717	Continuous Sparring - Heavy (200.2 -)	Beg / Int / Adv / Expert	18 Plus	M	Friday	1 5:30pm	

RING 4							Start Time 3:00pm
CW-321	Weapons Creative Music Gymnastics Allowed	Expert	18 plus	M / F	Friday	4 3:00pm	
CF-421	Forms Creative Music Gymnastics Allowed	Expert	18 plus	M / F	Friday	4 3:15pm	
CW-322	Weapons Creative Music Gymnastics Allowed	Expert	35 Plus	M / F	Friday	4 3:30pm	
CW-323	Weapons Creative Music Gymnastics Allowed	Expert	50 Plus	M / F	Friday	4 3:45pm	
CW-324	Weapons Creative Music Gymnastics Allowed	Expert	60 Plus	M / F	Friday	4 4:30pm	
CF-422	Forms Creative Music Gymnastics Allowed	Expert	35 Plus	M / F	Friday	4 5:00pm	
CF-423	Forms Creative Music Gymnastics Allowed	Expert	50 Plus	M / F	Friday	4 5:30pm	
CF-424	Forms Creative Music Gymnastics Allowed	Expert	60 Plus	M / F	Friday	4 6:00pm	
CS-718	Continuous Sparring - Sup. Heavy (200.2 +)	Beg / Int / Adv / Expert	18 Plus	M	Friday	4 6:30pm	
CS-719	Continuous Sparring- Light (132 -)	Beg / Int / Adv / Expert	18 Plus	F	Friday	4 6:30pm	
CS-720	Continuous Sparring - Middle (132 +)	Beg / Int / Adv / Expert	18 Plus	F	Friday	4 6:30pm	

RING 5							Start Time 3:00pm
CW-306	Weapons Creative Music Gymnastics Allowed	Adv Expert	11 & Under	M / F	Friday	5 3:00pm	
CF-406	Forms Creative Music Gymnastics Allowed	Adv Expert	11 & Under	M / F	Friday	5 3:15pm	
CW-319	Weapons Creative Music Gymnastics Allowed	Expert	12 to 14	M / F	Friday	5 3:30pm	
CF-419	Forms Creative Music Gymnastics Allowed	Expert	12 to 14	M / F	Friday	5 3:45pm	
CS-701	Continuous Sparring Fly / Light (66 -)	Beg / Int / Adv / Expert	9 & Under	M / F	Friday	5 4:30pm	
CS-702	Continuous Sparring Middle / Heavy (66.1 +)	Beg / Int / Adv / Expert	9 & Under	M / F	Friday	5 5:00pm	
CS-703	Continuous Sparring Fly / Light (66 -)	Beg / Int / Adv / Expert	10 to 11	M / F	Friday	5 5:30pm	
CS-704	Continuous Sparring Middle / Heavy (66.1 +)	Beg / Int / Adv / Expert	10 to 11	M / F	Friday	5 6:00pm	
CS-708	Continuous Sparring Light (143 -)	Beg / Int / Adv / Expert	15 to 17	M	Friday	5 6:30pm	
CS-709	Continuous Sparring Middle (165 -)	Beg / Int / Adv / Expert	15 to 17	M	Friday	5 6:30pm	
CS-710	Continuous Sparring Heavy (165 +)	Beg / Int / Adv / Expert	15 to 17	M	Friday	5 6:30pm	

RING 8							Start Time 3:00pm
CW-320	Weapons Creative Music Gymnastics Allowed	Expert	15 to 17	M / F	Friday	8 3:00pm	
CF-420	Forms Creative Music Gymnastics Allowed	Expert	15 to 17	M / F	Friday	8 3:15pm	
CS-705	Continuous Sparring Light (99 -)	Beg / Int / Adv / Expert	12 to 14	M / F	Friday	8 3:30pm	
CS-706	Continuous Sparring Middle (121 -)	Beg / Int / Adv / Expert	12 to 14	M	Friday	8 3:45pm	
CS-707	Continuous Sparring Heavy (121 +)	Beg / Int / Adv / Expert	12 to 14	M	Friday	8 4:30pm	
CS-711	Continuous Sparring Feather (121 -)	Beg / Int / Adv / Expert	12 to 14	F	Friday	8 5:00pm	
CS-712	Continuous Sparring Light (121 +)	Beg / Int / Adv / Expert	12 to 14	F	Friday	8 5:30pm	
CS-713	Continuous Sparring Feather (121 -)	Beg / Int / Adv / Expert	15 to 17	F	Friday	8 6:00pm	
CS-714	Continuous Sparring Light (121 +)	Beg / Int / Adv / Expert	15 to 17	F	Friday	8 6:30pm	

Saturday August 13, 2022

		RING 1		Starts time 9:00am			
CW-301	Weapons Creative Music Gymnastics Allowed	beg ind adv	5 & under	M / F	Saturday	1 9:00am	
CW-302	Weapons Creative Music Gymnastics Allowed	beg	6 to 8	M / F	Saturday	1 9:15am	
CW-303	Weapons Creative Music Gymnastics Allowed	INT	6 to 8	M / F	Saturday	1 9:30am	
CF-401	Forms Creative Music Gymnastics Allowed	Beg Int Adv Expert	5 & under	M / F	Saturday	1 9:45am	
CF-402	Forms Creative Music Gymnastics Allowed	Beg	6 to 8	M / F	Saturday	1 10:00am	
CF-403	Forms Creative Music Gymnastics Allowed	Int	6 to 8	M / F	Saturday	1 10:15am	
CW-304	Weapons Creative Music Gymnastics Allowed	Beg	9 to 11	M / F	Saturday	1 11:00am	
CW-305	Weapons Creative Music Gymnastics Allowed	Int	9 to 11	M / F	Saturday	1 11:15am	
CF-404	Forms Creative Music Gymnastics Allowed	beg	9 to 11	M / F	Saturday	1 11:30am	
CF-405	Forms Creative Music Gymnastics Allowed	Int	9 to 11	M / F	Saturday	1 11:45am	

		RING 2		Starts time 9:00am			
CW-307	Weapons Creative Music Gymnastics Allowed	Beg	12 to 14	M / F	Saturday	2 9:00AM	
CW-308	Weapons Creative Music Gymnastics Allowed	int	12 to 14	M / F	Saturday	2 9:15am	
CW-309	Weapons Creative Music Gymnastics Allowed	Adv	12 to 14	M / F	Saturday	2 9:30am	
CF-407	Forms Creative Music Gymnastics Allowed	beg	12 to 14	M / F	Saturday	2 9:45am	
CF-408	Forms Creative Music Gymnastics Allowed	Int	12 to 14	M / F	Saturday	2 10:00am	
CF-409	Forms Creative Music Gymnastics Allowed	Adv	12 to 14	M / F	Saturday	2 10:15am	
CW-310	Weapons Creative Music Gymnastics Allowed	Beg	15 to 17	M / F	Saturday	2 11:00AM	
CW-311	Weapons Creative Music Gymnastics Allowed	int	15 to 17	M / F	Saturday	2 11:15am	
CW-312	Weapons Creative Music Gymnastics Allowed	Adv	15 to 17	M / F	Saturday	2 11:30am	
CF-410	Forms Creative Music Gymnastics Allowed	beg	15 to 17	M / F	Saturday	2 11:45am	
CF-411	Forms Creative Music Gymnastics Allowed	Int	15 to 17	M / F	Saturday	2 12:00pm	
CF-412	Forms Creative Music Gymnastics Allowed	Adv	15 to 17	M / F	Saturday	2 12:15pm	

		RING 3		Starts at 9:00AM			
TW-123	Weapons Tradition All Stlyes	Expert	50 Plus	M / F	Saturday	3 9:00am	
TW-124	Weapons Tradition All Stlyes	Expert	60 Plus	M / F	Saturday	3 9:15am	
TF-223	Forms Tradition All Styles	Expert	50 Plus	M / F	Saturday	3 9:30am	
TF-224	Forms Tradition All Styles	Expert	60 Plus	M / F	Saturday	3 10:00am	
Open -02	Open Point Sparring - All Weights Any rank	Beg / Int / Adv / Expert	18 plus	F	Saturday	3 10:30am	
PS-555	Point Sparring - Light (132 -)	Expert	18 Plus	F	Saturday	3 12:00pm	
PS-556	Point Sparring - Middle (132 +)	Expert	18 Plus	F	Saturday	3 12:00pm	
PS-560	Point Sparring - Middle (132 +)	Expert	35 Plus	F	Saturday	3 12:00pm	
PS-564	Point Sparring - Middle (132 +)	Expert	45 Plus	F	Saturday	3 1:00pm	
PS-559	Point Sparring - Light (132 -)	Expert	35 Plus	F	Saturday	3 1:00pm	
PS-563	Point Sparring - Light (132 -)	Expert	45 Plus	F	Saturday	3 1:00pm	
	SR. Point Sparring Grand Champion						
WCS-756	West Coast Sparring - Middle (132 +)	Expert	18 Plus	F	Saturday	3 1:30pm	
WCS-755	West Coast Sparring - Light (132 -)	Expert	18 Plus	F	Saturday	3 1:30pm	
WCS-760	West Coast Sparring - Middle (132 +)	Expert	35 Plus	F	Saturday	3 1:30pm	
WCS-759	West Coast Sparring - Light (132 -)	Expert	35 Plus	F	Saturday	3 2:00pm	
WCS-763	West Coast Sparring - Light (132 -)	Expert	45 Plus	F	Saturday	3 2:00pm	
WCS-764	West Coast Sparring - Middle (132 +)	Expert	45 Plus	F	Saturday	3 2:00pm	

		RING 5		Starts at 9:00am			
TW-121	Weapons Tradition All Stlyes	Expert	18 plus	M / F	Saturday	5 9:00am	
TF-221	Forms Tradition All Styles	Expert	18 plus	M / F	Saturday	5 9:15am	
Open -01	Open Point Sparring - All Weights Any rank	Beg / Int / Adv / Expert	18 plus	M	Saturday	5 10:00am	
Open -03	Open Point Sparring - All Weights Any rank	Beg / Int / Adv / Expert	45 plus	M	Saturday	5 11:00am	
PS-551	Point Sparring - Light (151.8 -)	Expert	18 Plus	M	Saturday	5 11:00am	
PS-552	Point Sparring - Middle (173.8 -)	Expert	18 Plus	M	Saturday	5 11:00am	
PS-553	Point Sparring - Heavy (200.2 -)	Expert	18 Plus	M	Saturday	5 11:30am	
PS-554	Point Sparring - Sup. Heavy (200.2 +)	Expert	18 Plus	M	Saturday	5 11:30am	
	Adult Point Sparring Grand Champion						
WCS-751	West Coast Sparring - Light (151.8 -)	Expert	18 Plus	M	Saturday	5 1:00pm	
WCS-752	West Coast Sparring - Middle (173.8 -)	Expert	18 Plus	M	Saturday	5 1:00pm	
WCS-753	West Coast Sparring - Heavy (200.2 -)	Expert	18 Plus	M	Saturday	5 1:30pm	
WCS-754	West Coast Sparring - Sup. Heavy (200.2 +)	Expert	18 Plus	M	Saturday	5 2:00pm	
	Adult West Coast Sparring Grand Champion						

RING 6		Starts at 9:00am				
TW-119	Weapons Tradition All Styles	Expert	12 to 14	M / F	Saturday	6 9:00am
TW-120	Weapons Tradition All Styles	Expert	15 to 17	M / F	Saturday	6 9:15am
TF-219	Forms Tradition All Styles	Expert	12 to 14	M / F	Saturday	6 9:30am
TF-220	Forms Tradition All Styles	Expert	15 to 17	M / F	Saturday	6 10:00am
PS-514	Point Sparring	Adv Expert	12 to 13	M	Saturday	6 11:00am
PS-528	Point Sparring	Adv Expert	12 to 13	F	Saturday	6 11:00am
PS-547	Point Sparring - All Weights	Expert	14 to 15	M	Saturday	6 11:30am
PS-548	Point Sparring - All Weights	Expert	16 to 17	M	Saturday	6 11:30am
PS-549	Point Sparring - All Weights	Expert	14 to 15	F	Saturday	6 12:00pm
PS-550	Point Sparring - All Weights	Expert	16 to 17	F	Saturday	6 12:00pm
WCS-714	West Coast Sparring Groin & grab Available	Adv Expert	12 to 13	M	Saturday	6 1:00PM
WCS-728	West Coast Sparring Groin & grab Available	Adv Expert	12 to 13	F	Saturday	6 1:00pm
WCS-747	West Coast Sparring - All Weights	Expert	14 to 15	M	Saturday	6 1:00pm
WCS-748	West Coast Sparring - All Weights	Expert	16 to 17	M	Saturday	6 1:30pm
WCS-749	West Coast Sparring - All Weights	Expert	14 to 15	F	Saturday	6 2:00pm
WCS-750	West Coast Sparring - All Weights	Expert	16 to 17	F	Saturday	6 2:30pm

RING 7		Starts at 9:00am				
TW-122	Weapons Tradition All Styles	Expert	35 Plus	M / F	Saturday	7 9:00am
TF-222	Forms Tradition All Styles	Expert	35 Plus	M / F	Saturday	7 9:30am
PS-557	Point Sparring - Light (185 -)	Expert	35 Plus	M	Saturday	7 11:00am
PS-558	Point Sparring - Heavy (186 plus)	Expert	35 Plus	M	Saturday	7 11:00am
PS-565	Point Sparring - Light (185 -)	Expert	55 Plus	M	Saturday	7 11:00am
PS-566	Point Sparring - Heavy (186 plus)	Expert	55 Plus	M	Saturday	7 11:00am
PS-561	Point Sparring - Light (185 -)	Expert	45 Plus	M	Saturday	7 12:00pm
PS-562	Point Sparring - Heavy (186 plus)	Expert	45 Plus	M	Saturday	7 12:00pm
WCS-757	West Coast Sparring - Light (185 -)	Expert	35 Plus	M	Saturday	7 1:00pm
WCS-758	West Coast Sparring - Heavy (186 plus)	Expert	35 Plus	M	Saturday	7 1:00pm
WCS-761	West Coast Sparring - Light (185 -)	Expert	45 Plus	M	Saturday	7 1:30pm
WCS-762	West Coast Sparring - Heavy (186 plus)	Expert	45 Plus	M	Saturday	7 1:30pm
WCS-765	West Coast Sparring - Light (185 -)	Expert	55 Plus	M	Saturday	7 2:00pm
WCS-766	West Coast Sparring - Heavy (186 plus)	Expert	55 Plus	M	Saturday	7 2:00pm

RING 8						
TF-206	Open Traditional Forms	Adv Expert	11 & Under	M / F	Saturday	8 9:00am
TW-106	Weapons Tradition	Adv Expert	11 & Under	M / F	Saturday	8 9:15am
	JR Grand Champion run Off					10:00am
	Adult Grand Champion Run Off					11:00am
PS-508	Point Sparring	Adv Expert	9 And under	M / F	Saturday	8 11:00am
PS-511	Point Sparring	Adv Expert	10 to 11	M	Saturday	8 11:30am
PS-525	Point Sparring	Adv Expert	10 to 11	F	Saturday	8 12:pm
WCS-708	West Coast Sparring Groin & grab Available	Adv Expert	9 And under	M / F	Saturday	8 1:00pm
WCS-711	West Coast Sparring Groin & grab Available	Adv Expert	10 to 11	M	Saturday	8 1:30pm
WCS-725	West Coast Sparring Groin & grab Available	Adv Expert	10 to 11	F	Saturday	8 2:00pm

RING 9		Start Time is 11:00am				
AKSD-110	Self-Defense Traditional/Choreo.	Expert	18 plus	M / F	Saturday	9 11:00am
AKSD-111	Self-Defense Traditional/Choreo.	Expert	45 Plus	M / F	Saturday	9 11:00am
AKW-304	Weapons All Syles	Expert	18plus	M / F	Saturday	9 11:30am
AKW-305	Weapons All Syles	Expert	35 Plus	M / F	Saturday	9 11:30am
AKW-306	Weapons All Syles	Expert	50 Plus	M / F	Saturday	9 12:00pm
AKW-307	Weapons All Syles	Expert	60 Plus	M / F	Saturday	9 12:00pm
AKF-220	Forms - American Kenpo	Expert	18 plus	M / F	Saturday	9 12:30pm
AKF-221	Forms - American Kenpo	Expert	35 Plus	M / F	Saturday	9 12:30pm
AKF-222	Forms - American Kenpo	Expert	50 Plus	M / F	Saturday	9 1:00pm
AKF-223	Forms - American Kenpo	Expert	60 Plus	M / F	Saturday	9 1:00pm
CW-313	Weapons Creative Music Gymnastics Allowed	Beg	18 plus	M / F	Saturday	9 1:30pm
CW-316	Weapons Creative Music Gymnastics Allowed	Beg	35 Plus	M / F	Saturday	9 1:30pm
CF-413	Forms Creative Music Gymnastics Allowed	Beg	18 plus	M / F	Saturday	9 2:00pm
CF-416	Forms Creative Music Gymnastics Allowed	Beg	35 Plus	M / F	Saturday	9 2:00pm
WCS-735	West Coast Sparring Groin & grab Available	Beg	18 to 34	M	Saturday	9 2:30pm
WCS-741	West Coast Sparring Groin & grab Available	Beg	18 to 34	F	Saturday	9 2:30pm
WCS-738	West Coast Sparring Groin & grab Available	Beg	35 Plus	M	Saturday	9 2:30pm
WCS-744	West Coast Sparring Groin & grab Available	Beg	35 Plus	F	Saturday	9 2:30pm

RING 10

Starts At 10:00AM

AKSD-108	Self-Defense Traditional/Choreo.	Expert Adv	11 & Under	M / F	Saturday	10 10:00am
AKSD-109	Self-Defense Traditional/Choreo.	Expert Adv	12 to 14	M / F	Saturday	10 10:00am
AKSD-109B	Self-Defense Traditional/Choreo.	Expert Adv	15 to 17	M / F	Saturday	10 10:00am
AKW-301	Weapons All Syles	Expert Adv	11 & Under	M / F	Saturday	10 11:00am
AKW-302	Weapons All Syles	Expert Adv	12 to 14	M / F	Saturday	10 11:00am
AKW-303	Weapons All Syles	Expert	15 to 17	M / F	Saturday	10 11:00am
AKF-217	Forms - American Kenpo	Expert Adv	11 & Under	M / F	Saturday	10 12:00pm
AKF-218	Forms - American Kenpo	Expert Adv	12 to 14	M / F	Saturday	10 12:00pm
AKF-219	Forms - American Kenpo	Expert	15 to 17	M / F	Saturday	10 12:00pm
	Jr Grand Champion run offs					10 1:00pm
	Adult Grand Champion run Off					10 2:00pm

RING 11

Start time is 11:00AM

AKSD-105	Self-Defense	BEG	18 plus	M / F	Saturday	11 11:00am
AKSD-106	Self-Defense	INT	18 Plus	M / F	Saturday	11 11:00am
AKSD-107	Self-Defense	ADV	18 Plus	M / F	Saturday	11 11:30am
AKF-211	Forms - American Kenpo	Beg	18 plus	M / F	Saturday	11 11:30am
AKF-212	Forms - American Kenpo	Int	18 plus	M / F	Saturday	11 12:00pm
AKF-213	Forms - American Kenpo	Adv	18 plus	M / F	Saturday	11 12:00pm
AKF-214	Forms - American Kenpo	Beg	35 plus	M / F	Saturday	11 12:30pm
AKF-215	Forms - American Kenpo	Int	35 plus	M / F	Saturday	11 12:30pm
AKF-216	Forms - American Kenpo	Adv	35 plus	M / F	Saturday	11 1:00pm
CW-315	Weapons Creative Music Gymnastics Allowed	Adv	18 plus	M / F	Saturday	11 1:30pm
CW-318	Weapons Creative Music Gymnastics Allowed	Adv	35 Plus	M / F	Saturday	11 1:30pm
CF-415	Forms Creative Music Gymnastics Allowed	Adv	18 plus	M / F	Saturday	11 2:00pm
CF-418	Forms Creative Music Gymnastics Allowed	Adv	35 Plus	M / F	Saturday	11 2:00pm
WCS-737	West Coast Sparring Groin & grab Available	Adv	18 to 34	M	Saturday	11 2:30pm
WCS-743	West Coast Sparring Groin & grab Available	Adv	18 to 34	F	Saturday	11 2:30pm
WCS-740	West Coast Sparring Groin & grab Available	Adv	35 Plus	M	Saturday	11 2:30pm
WCS-746	West Coast Sparring Groin & grab Available	Adv	35 Plus	F	Saturday	11 2:30pm

RING 12

Start Time is 10AM

AKSD-101	Self-Defense	BEG	11 & Under	M / F	Saturday	12 10:00am
AKSD-102	Self-Defense	INT	11 & Under	M / F	Saturday	12 10:00am
AKSD-103	Self-Defense	BEG	12 to 17	M / F	Saturday	12 10:30am
AKSD-104	Self-Defense	INT	12 to 17	M / F	Saturday	12 10:30am
AKF-201	Forms - American Kenpo	Beg Int	5 and under	M / F	Saturday	12 11:00pm
AKF-202	Forms - American Kenpo	Beg	6 to 8	M / F	Saturday	12 11:00pm
AKF-203	Forms - American Kenpo	Int	6 to 8	M / F	Saturday	12 11:30pm
AKF-204	Forms - American Kenpo	Beg	9 to 11	M / F	Saturday	12 11:30pm
AKF-205	Forms - American Kenpo	Int	9 to 11	M / F	Saturday	12 12:00pm
AKF-206	Forms - American Kenpo	Beg	12 to 14	M / F	Saturday	12 12:00pm
AKF-207	Forms - American Kenpo	Int	12 to 14	M / F	Saturday	12 12:30pm
AKF-208	Forms - American Kenpo	Beg	15 to 17	M / F	Saturday	12 12:30pm
AKF-209	Forms - American Kenpo	Int	15 to 17	M / F	Saturday	12 1:00pm
AKF-210	Forms - American Kenpo	Adv	15 to 17	M / F	Saturday	12 1:00pm
CW-314	Weapons Creative Music Gymnastics Allowed	Int	18 plus	M / F	Saturday	12 1:30pm
CW-317	Weapons Creative Music Gymnastics Allowed	Int	35 Plus	M / F	Saturday	12 1:30pm
CF-414	Forms Creative Music Gymnastics Allowed	Int	18 plus	M / F	Saturday	12 2:00pm
CF-417	Forms Creative Music Gymnastics Allowed	Int	35 Plus	M / F	Saturday	12 2:00pm
WCS-736	West Coast Sparring Groin & grab Available	Int	18 to 34	M	Saturday	12 2:30pm
WCS-742	West Coast Sparring Groin & grab Available	Int	18 to 34	F	Saturday	12 2:30pm
WCS-739	West Coast Sparring Groin & grab Available	Int	35 Plus	M	Saturday	12 2:30pm
WCS-745	West Coast Sparring Groin & grab Available	Int	35 Plus	F	Saturday	12 2:30pm

Patio

Start Time is 10:00AM

BRKA-003	Breaking	Beg Int Adv Expert	11 and under	M / F	Saturday	Patio	10:00am
BRKA-004	Breaking	Beg Int Adv	12 to 17	M / F	Saturday	Patio	10:00am
BRKA-005	Breaking	Beg Int Adv	18 Plus	M / F	Saturday	Patio	10:00am
BRKA-006	Breaking	Expert	12 to 17	M / F	Saturday	Patio	11:00am
BRKA-007	Breaking	Expert	18 Plus	M / F	Saturday	Patio	11:00am
BRKA-008	Breaking	Expert	45 Plus	M / F	Saturday	Patio	11:00am

Sunday August 13, 2022

		RING 1		Start Time 9 am		
FTF-01	First Timer - Forms	Beg int	5 and under	M / F	Sunday	1 9:00am
FTF-02	First Timer - Forms	Beg	6 to 8	M / F	Sunday	1 9:00am
FTF-06	First Timer - Forms	Int	5 and under	M / F	Sunday	1 9:00am
FTF-07	First Timer - Forms	Int	6 to 8	M / F	Sunday	1 9:00am
FTS-20	First Timer - Sparring	Beg Int	5 and under	M / F	Sunday	1 9:30am
FTS-21	First Timer - Sparring	Beg	6 to 7	M F	Sunday	1 9:30am
FTS-22	First Timer - Sparring	Int	6 to 7	M F	Sunday	1 9:30am
TW-101	Weapons Tradition	Beg Int Adv	5 & under	M / F	Sunday	1 10:00am
TW-102	Weapons Tradition	beg	6 to 8	M / F	Sunday	1 10:00am
TW-103	Weapons Tradition	INT	6 to 8	M / F	Sunday	1 10:00am
TF-201	Open Traditional Forms	Beg Int Adv	5 & under	M / F	Sunday	1 10:45am
TF-202	Open Traditional Forms	beg	6 to 8	M / F	Sunday	1 10:45am
TF-203	Open Traditional Forms	INT	6 to 8	M / F	Sunday	1 10:45am
PS-501	Point Sparring	Beg Int Adv	5 & under	M / F	Sunday	1 11:00am
PS-502	Point Sparring	Beg	6 years old	M / F	Sunday	1 11:00am
PS-503	Point Sparring	int	6 years old	M / F	Sunday	1 11:00am
PS-504	Point Sparring	Beg	7 years old	M / F	Sunday	1 11:30am
PS-505	Point Sparring	INT	7 years old	M / F	Sunday	1 11:30am
WCS-701	West Coast Sparring Groin & grab Available	Beg Int Adv	5 & under	M / F	Sunday	1 1:00pm
WCS-702	West Coast Sparring Groin & grab Available	Beg	6 years old	M / F	Sunday	1 1:00pm
WCS-703	West Coast Sparring Groin & grab Available	int	6 years old	M / F	Sunday	1 1:00pm
WCS-704	West Coast Sparring Groin & grab Available	Beg	7 years old	M / F	Sunday	1 2:00pm
WCS-705	West Coast Sparring Groin & grab Available	INT	7 years old	M / F	Sunday	1 2:00pm

		RING 3		Start Time 9:00am		
FTF-03	First Timer - Forms	Beg	9 to 11	M / F	Sunday	3 9:00am
FTF-08	First Timer - Forms	Int	9 to 11	M / F	Sunday	3 9:00am
FTS-23	First Timer - Sparring	BEG	8 to 9	M	Sunday	3 9:30am
FTS-25	First Timer - Sparring	BEG	8 to 9	F	Sunday	3 9:30am
FTS-24	First Timer - Sparring	INT	8 to 9	M	Sunday	3 9:30am
FTS-26	First Timer - Sparring	INT	8 to 9	F	Sunday	3 10:00am
TW-104	Weapons Tradition	Beg	9 to 11	M / F	Sunday	3 10:00am
TW-105	Weapons Tradition	Int	9 to 11	M / F	Sunday	3 10:45am
TF-204	Open Traditional Forms	Beg	9 to 11	M / F	Sunday	3 10:45am
TF-205	Open Traditional Forms	Int	9 to 11	M / F	Sunday	3 10:45am
PS-506	Point Sparring	Beg	8 to 9	M	Sunday	3 11:15am
PS-521	Point Sparring	Beg	8 to 9	F	Sunday	3 11:15am
PS-507	Point Sparring	Int	8 to 9	M	Sunday	3 12:00pm
PS-522	Point Sparring	Int	8 to 9	F	Sunday	3 12:00pm
WCS-706	West Coast Sparring Groin & grab Available	Beg	8 to 9	M	Sunday	3 1:00pm
WCS-721	West Coast Sparring Groin & grab Available	Beg	8 to 9	F	Sunday	3 1:00pm
WCS-707	West Coast Sparring Groin & grab Available	Int	8 to 9	M	Sunday	3 2:00pm
WCS-722	West Coast Sparring Groin & grab Available	Int	8 to 9	F	Sunday	3 2:00pm

		RING 4		Start Time 9:30am		
FTS-27	First Timer - Sparring	BEG	10 to 11	M	Sunday	4 10:00am
FTS-29	First Timer - Sparring	BEG	10 to 11	F	Sunday	4 10:00am
FTS-28	First Timer - Sparring	INT	10 to 11	M	Sunday	4 10:00am
FTS-30	First Timer - Sparring	INT	10 to 11	F	Sunday	4 10:00am
PS-509	Point Sparring	Beg	10 to 11	M	Sunday	4 12:00pm
PS-523	Point Sparring	Beg	10 to 11	F	Sunday	4 12:00pm
PS-510	Point Sparring	Int	10 to 11	M	Sunday	4 12:00pm
PS-524	Point Sparring	Int	10 to 11	F	Sunday	4 12:00pm
WCS-709	West Coast Sparring Groin & grab Available	Beg	10 to 11	M	Sunday	4 2:00pm
WCS-723	West Coast Sparring Groin & grab Available	Beg	10 to 11	F	Sunday	4 2:00pm
WCS-710	West Coast Sparring Groin & grab Available	Int	10 to 11	M	Sunday	4 2:00pm
WCS-724	West Coast Sparring Groin & grab Available	Int	10 to 11	F	Sunday	4 2:00pm

		RING 5		Start Time 10:30 AM		
TW-109	Weapons Tradition	Adv	12 to 14	M / F	Sunday	5 10:30am
TF-209	Open Traditional Forms	Adv	12 to 14	M / F	Sunday	5 10:30am
TW-112	Weapons Tradition	Adv	15 to 17	M / F	Sunday	5 11:00am
TF-212	Open Traditional Forms	Adv	15 to 17	M / F	Sunday	5 11:00am
PS-517	Point Sparring	Adv	14 to 15	M	Sunday	5 12:00pm
PS-531	Point Sparring	Adv	14 to 15	F	Sunday	5 12:00pm
PS-520	Point Sparring	Adv	16 to 17	M	Sunday	5 12:00pm
PS-534	Point Sparring	Adv	16 to 17	F	Sunday	5 12:00pm
WCS-717	West Coast Sparring Groin & grab Available	Adv	14 to 15	M	Sunday	5 2:00pm
WCS-731	West Coast Sparring Groin & grab Available	Adv	14 to 15	F	Sunday	5 2:00pm
WCS-720	West Coast Sparring Groin & grab Available	Adv	16 to 17	M	Sunday	5 2:00pm
WCS-734	West Coast Sparring Groin & grab Available	Adv	16 to 17	F	Sunday	5 2:00pm

		RING 6		Start Time 9 am		
FTF-04	First Timer - Forms	Beg	12 to 14	M / F	Sunday	6 9:00am
FTF-09	First Timer - Forms	Int	12 to 14	M / F	Sunday	6 9:00am
FTS-31	First Timer - Sparring	BEG	12 to 13	M	Sunday	6 9:30am
FTS-33	First Timer - Sparring	BEG	12 to 13	F	Sunday	6 9:30am
FTS-32	First Timer - Sparring	INT	12 to 13	M	Sunday	6 9:30am
FTS-34	First Timer - Sparring	INT	12 to 13	F	Sunday	6 10:00am
TW-107	Weapons Tradition	Beg	12 to 14	M / F	Sunday	6 10:00am
TW-108	Weapons Tradition	int	12 to 14	M / F	Sunday	6 10:45am
TF-207	Open Traditional Forms	Beg	12 to 14	M / F	Sunday	6 10:45am
TF-208	Open Traditional Forms	int	12 to 14	M / F	Sunday	6 10:45am
PS-512	Point Sparring	Beg	12 to 13	M	Sunday	6 11:15am
PS-526	Point Sparring	Beg	12 to 13	F	Sunday	6 11:15am
PS-513	Point Sparring	Int	12 to 13	M	Sunday	6 12:00pm
PS-527	Point Sparring	Int	12 to 13	F	Sunday	6 12:00pm
WCS-712	West Coast Sparring Groin & grab Available	Beg	12 to 13	M	Sunday	6 12:00pm
WCS-726	West Coast Sparring Groin & grab Available	Beg	12 to 13	F	Sunday	6 1:00pm
WCS-713	West Coast Sparring Groin & grab Available	Int	12 to 13	M	Sunday	6 2:00pm
WCS-727	West Coast Sparring Groin & grab Available	Int	12 to 13	F	Sunday	6 2:00pm

		RING 7		Start time 9:30 am		
FTS-35	First Timer - Sparring	BEG	14 to 15	M	Sunday	7 10:00am
FTS-37	First Timer - Sparring	BEG	14 to 15	F	Sunday	7 10:00am
FTS-36	First Timer - Sparring	INT	14 to 15	M	Sunday	7 10:00am
FTS-38	First Timer - Sparring	INT	14 to 15	F	Sunday	7 10:00am
PS-515	Point Sparring	Beg	14 to 15	M	Sunday	7 12:00pm
PS-529	Point Sparring	Beg	14 to 15	F	Sunday	7 12:00pm
WCS-715	West Coast Sparring Groin & grab Available	Beg	14 to 15	M	Sunday	7 12:00pm
WCS-729	West Coast Sparring Groin & grab Available	Beg	14 to 15	F	Sunday	7 12:00pm
PS-516	Point Sparring	Int	14 to 15	M	Sunday	7 2:00pm
PS-530	Point Sparring	Int	14 to 15	F	Sunday	7 2:00pm
WCS-716	West Coast Sparring Groin & grab Available	Int	14 to 15	M	Sunday	7 2:00pm
WCS-730	West Coast Sparring Groin & grab Available	Int	14 to 15	F	Sunday	7 2:00pm

RING 8		Start time 9 am				
FTF-05	First Timer - Forms	Beg	15 to 17	M / F	Sunday	8 9:00am
FTF-10	First Timer - Forms	Int	15 to 17	M / F	Sunday	8 9:00am
FTS-39	First Timer - Sparring	BEG	16 to 17	M	Sunday	8 9:30am
FTS-41	First Timer - Sparring	BEG	16 to 17	F	Sunday	8 9:30am
FTS-40	First Timer - Sparring	INT	16 to 17	M	Sunday	8 9:30am
FTS-42	First Timer - Sparring	INT	16 to 17	F	Sunday	8 10:00am
TW-110	Weapons Tradition	Beg	15 to 17	M / F	Sunday	8 10:00am
TW-111	Weapons Tradition	int	15 to 17	M / F	Sunday	8 10:45am
TF-210	Open Traditional Forms	Beg	15 to 17	M / F	Sunday	8 10:45am
TF-211	Open Traditional Forms	int	15 to 17	M / F	Sunday	8 10:45am
PS-518	Point Sparring	Beg	16 to 17	M	Sunday	8 11:15am
PS-532	Point Sparring	Beg	16 to 17	F	Sunday	8 11:15am
PS-519	Point Sparring	Int	16 to 17	M	Sunday	8 12:00pm
PS-533	Point Sparring	Int	16 to 17	F	Sunday	8 12:00pm
WCS-718	West Coast Sparring Groin & grab Available	Beg	16 to 17	M	Sunday	8 1:00pm
WCS-732	West Coast Sparring Groin & grab Available	Beg	16 to 17	F	Sunday	8 1:00pm
WCS-719	West Coast Sparring Groin & grab Available	Int	16 to 17	M	Sunday	8 2:00pm
WCS-733	West Coast Sparring Groin & grab Available	Int	16 to 17	F	Sunday	8 2:00pm

RING 9		Start Time 10:30 AM				
TW-113	Weapons Tradition	Beg	18 plus	M / F	Sunday	9 10:30am
TW-114	Weapons Tradition	Int	18 plus	M / F	Sunday	9 10:30am
TW-115	Weapons Tradition	Adv	18 plus	M / F	Sunday	9 11:00am
TF-213	Open Traditional Forms	Beg	18 plus	M / F	Sunday	9 11:00am
TF-214	Open Traditional Forms	Int	18 plus	M / F	Sunday	9 11:30am
TF-215	Open Traditional Forms	Adv	18 plus	M / F	Sunday	9 11:30am
PS-535	Point Sparring	Beg	18 to 34	M	Sunday	9 12:00pm
PS-541	Point Sparring	Beg	18 to 34	F	Sunday	9 12:00pm
PS-536	Point Sparring	Int	18 to 34	M	Sunday	9 12:00pm
PS-542	Point Sparring	Int	18 to 34	F	Sunday	9 12:30am
PS-537	Point Sparring	Adv	18 to 34	M	Sunday	9 12:30am
PS-543	Point Sparring	Adv	18 to 34	F	Sunday	9 1:00pm
PS-540	Point Sparring	Adv	35 Plus	M	Sunday	9 1:00pm
PS-546	Point Sparring	Adv	35 Plus	F	Sunday	9 1:30pm

RING 10		Start Time 10:30 AM				
TW-116	Weapons Tradition	Beg	35 Plus	M / F	Sunday	10 10:30am
TW-117	Weapons Tradition All Styles	Int	35 Plus	M / F	Sunday	10 10:30am
TW-118	Weapons Tradition All Styles	Adv	35 Plus	M / F	Sunday	10 11:00am
TF-216	Forms Tradition All Styles	Beg	35 Plus	M / F	Sunday	10 11:00am
TF-217	Forms Tradition All Styles	Int	35 Plus	M / F	Sunday	10 11:30am
TF-218	Forms Tradition All Styles	Adv	35 Plus	M / F	Sunday	10 11:30am
PS-538	Point Sparring	Beg	35 plus	M	Sunday	10 12:00pm
PS-544	Point Sparring	Beg	35 plus	F	Sunday	10 12:00pm
PS-539	Point Sparring	Int	35 Plus	M	Sunday	10 12:00pm
PS-545	Point Sparring	Int	35 Plus	F	Sunday	10 12:30am
PS-540	Point Sparring	Adv	35 Plus	M	Sunday	10 12:30am
PS-546	Point Sparring	Adv	35 Plus	F	Sunday	10 1:00pm